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EMP 7101: Literature Survey (3 Credits)

Overview of Course: This literature survey course of Integrative Holistic Health and Energy Medicine includes the exploration and study of research in the field, current methodologies, and cross-cultural comparisons of health, healing, and energy medicine.

Course Topics: Integrative Holistic Health and Energy Medicine research, research methodologies, writing, and formatting.

Learning Objectives: After completing this course, participants will have gained an understanding of the research literature in several different concentrations, developed their writing skills, and explored research methodologies and formatting styles.

Audience: Open to all students in the Masters program.

Required Course Materials:

- Current edition of the APA Style Manual

NOTE: Literary texts for this course will include the EMU Online Library books that correspond to the student's chosen EMU Concentrations for survey review.

That EMU book list is found here: <http://astore.amazon.com/intuitionmedi-20>

COURSE DESCRIPTION

This course is a literature survey of Integrative Holistic Health and Energy Medicine that includes explorations and study of research in the field, and cross-cultural comparisons of health, healing, and energy medicine.

Literature Survey Guidelines

Literature survey is a background work that is made personally. It is based on books, structured interviews and academic publications. The topics of literature surveys are selected so that they support the assignment.

The main goal of a literature survey is to gather a basis for the practical work of a research project and to show that the student is familiar with existing literature and research on the topic. It is advantageous to the student to know what has already been done.

Example of the content of a Literature Survey

- Abstract
- Keywords
- Introduction
 - Background of the chosen Concentration topic
- Background
 - Definitions for relevant concepts, possible competing definitions
 - Concepts that might cause misunderstandings and confusion
- Content
 - Introduction and comparison of methodologies, models and approaches
 - Examples of applications.
- Conclusions
 - Relevant understandings
 - Conclusions
- References, Bibliography
 - Follow APA referencing

NEED STATEMENT

Students will:

- 1) Develop and deepen their awareness of various areas of Integrative Holistic Health and Energy Medicine.
- 2) Be able to utilize the knowledge they have gained about Integrative Holistic Health and Energy Medicine in their profession.
- 3) Develop the writing and research skills needed to identify essential factors in various fields of Integrative Holistic Health and Energy Medicine.
- 4) Be able to assist clients using the understanding of various areas of Integrative Holistic Health and Energy Medicine research they have gained.
- 5) Develop the critical skills they need to do further research, write skillfully about it, and choose appropriate research methodologies for their own research writing.

FACULTY-STUDENT COMMUNICATION

- **Telephone Contact:** Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made

prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.

- **Email Contact:** Reflection on and questions about the coursework papers should be addressed via email monthly or as needed. Students are encouraged to contact the instructor via email whenever a problem arises.
- **Communications:** It is requested that students stay in regular correspondence with the instructor using email. The student should also set up periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by email, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. The instructor may be able to set up one-on-one discussions with the student using Skype. Students should check email frequently for professor and EMU messages.

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for "chat sessions" using Yahoo Messenger Chat or Skype. Check with your instructor on the type of communications he uses.

- All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

Internet Forums: Please contact our Registrar to be included in the EMU Internet forums.

Length of Course: Length of this Energy Medicine course is five (5) months or one (1) semester.

COURSE DELIVERY METHOD

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips,

with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

COURSE

1) Reading Assignments

Students will do literary research in three Energy Medicine University concentrations and write a paper (minimum length five pages) on each one using the APA format style.

2) Direct Interviews

Students will conduct interviews with individuals in each field of concentration, either in real-time or in the form of e-mail correspondence.

3) Experiential Component

Students will explore, directly experience, and reflect on health, healing and energy modalities in at least one field.

4) Course Review

Students are given a Final Course Review. Before the deadline, students schedule with the instructor the time and date for the face-to-face, telephone or Skype conference. During the review, the instructor will evaluate the knowledge and understanding the student has gained.

PAPER WRITING STYLE

All papers are to be written in the APA format: Times Roman, 12 point, single spaced using the current edition of APA.

APA Resource: Purdue OWL:

<http://owl.english.purdue.edu/owl/resource/560/01>

Note, however, that the double-spacing recommended in this online resource is a useful and desirable format for printed paper documents, allowing room for handwritten marks. Since all course assignments in the class are to be provided in electronic form, single-spacing is preferred for class assignments.

COURSE ASSIGNMENTS

Required Experiential Exploration. For *at least one* of the research assignments below, you will be expected to experientially explore at least one modality in the field. For example, if Medical Intuition is the Concentration the student should find a local or remote Medical Intuitive and experience a session. If Hermetic Disciplines, a student may on her own learn how to use a pendulum or enroll in a pendulum training seminar. Or a student may choose to watch an educational video on an EMU modality. Previous experience, if a student has had firsthand experience of the field in question, may be used to satisfy this requirement. A description of the first-person experience, the results of the student's consideration of and reflection upon the experience, and any conclusions reached from the firsthand experience in the context of the technical literature reviewed, are to be included in the research paper for the assignment. Students are at liberty to include an experiential component in more than one of their research assignments, but are only required to include it in one.

Assignment 1. Research I

Students will choose an Energy Medicine University concentration:

- 1) Research the literature pertaining to that concentration and compile a Resource Bibliography to be included in the five page paper. The Bibliography must include sources written by *at least three* different authors in order to avoid relying too heavily on any single person's views.
- 2) Interview at least one EMU Professor or other individual with professional expertise in that specific field. In requesting interviews communicate at least all of these details: formally introduce yourself as a graduate student of EMU and explain the reason for requesting the interview. Request an interview via phone, skype or in-person and state that it will be no more than 15-20 minutes. Communicate to professor that you will prepare a list of interview questions and email to the professor before the scheduled interview time.
 - a. If there are impediments to scheduling a realtime interview, you may substitute an e-mail exchange so long as your list of questions is answered.
 - b. Bear in mind that you will probably need to approach several prospective interviewees in order to get one interview. If more than one candidate responds positively, it is entirely acceptable to include more than one interview.

- 2) Write a paper in the APA style, at least 5 pages long (single-spaced Times Roman 12pt), following the structural outline in the “Example of the content of a Literature Survey” on page 3 of this document. The content should include:
- A summary of each interview
 - Commentary on your exploration of the chosen modality
 - Bibliographic review of several of the books within that concentration.

Note that five pages is the **minimum** required length and the student is not constrained to fit the content into this limit. The student will be expected to submit a first draft to the professor for review and guidance, and to submit a final draft for grading and evaluation purposes after receiving the professor's review.

Assignment 2. Research II

This is identical in all respects to Research I except that the student **must** choose a **different** EMU concentration to research.

Assignment 3. Research III

This is identical in all respects to Research I and II except that the student **must** choose an EMU concentration **different from both previously used** to research.

Assignment 4. Research IV

This is identical in all respects to the three previous assignments except that the student must choose a fourth distinct concentration to research.

Assignment 5. Final Course Review

The Final Course Review will be take place via phone or Skype and will cover the assignments. During the review, the instructor will evaluate the knowledge and understanding the student has gained.

INDIVIDUALIZATION OF STUDENT ASSIGNMENTS

Each research project will be chosen by the student to best support their individual professional goals. If possible by arrangement with the professor, students will also benefit from seeing the fruits of all fellow students' research

and providing professional criticism of each others work. This will be set-up at the discretion of the professor as email, skype or other group internet communication.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Each student, based on his or her background, will be encouraged to transfer the experiential and theoretical information which the course provides into an academic presentation format that reflects a graduate level Literature Review.

COURSE EVALUATION

The course grade will be based upon student participation, the promptness of postings, the satisfactory completion of all coursework, the quality of the papers, and the course review, in consultation with the instructor.

SPECIAL NOTES AND INSTRUCTIONS

All coursework must be completed in a timely fashion. Students are encouraged to phone or email the instructor whenever they need advice, comments, or instruction.